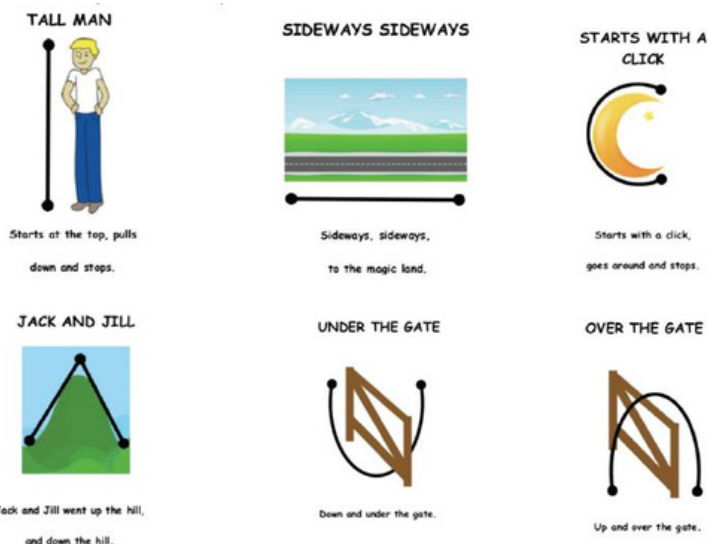


Peggy Lego

The Peggy Lego program was developed by a Teacher, Peggy Lego, and is used across classrooms in WA. This program helps to teach children prewriting patterns, which are the basis for forming all letters of the alphabet. Peggy Lego involves seven movement patterns to teach children to correctly form letters. These seven patterns are Tall man, Sideways Sideways, Starts with a Click, Jack and Jill, Under the Gate and Over the Gate.

The Peggy Lego program is a sensory motor approach and involves children engaging in gross motor activities, sensory activities and fine motor activities before writing. Visual and verbal cues are used to help the child learn the movement patterns. Evidence indicates that learning the prewriting patterns is more effective than learning to write than tracing or copying letters.

The prewriting patterns with verbal cues are:



(Picture from: <https://www.lil-peeps.com.au/peggy-lego>)



ACTIVITIES:

Say the verbal cues above whilst engaging in a range of activities for each movement pattern. Start with gross motor movements, then sensory activities before writing.

- Whole body movement: obstacle courses with reaching up high, walking along balance beam, going around a hula-hoop, making pattern with scarves and ribbons, climbing an A frame, Simon Says.
- Tactile sensory play ideas: draw prewriting patterns in rice, shaving cream, sand.
- Fine motor activity ideas: making shapes with dot paints, drawing with chalk, painting with water, making shapes with playdoh or wiki sticks.